

# Wellingtons Nursery Autumn Menu 2024



	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Lunch Week 1</u> 02.09.24 23.09.24 14.10.24 11.11.24 02.12.24	Hunters chicken and rice  Melon	Corn beef hash, topped with potato waffles  Rice pudding	Spaghetti Bolognese  Flapjack bites	Build your own chicken burger and alpha bites  Fromage frais	Poppadom's and dip  Vegetable korma and rice
<u>Lunch Week 2</u> 09.09.24 30.09.24 21.10.24 18.11.24 09.12.24	Chilli and rice  Fromage frais	Sausage dinner with vegetables  Rice pudding	Maçaroni, broccoli and cauliflower cheese  Fruit kebabs	Fishcake, new potatoes, peas and sweetcorn  Yoghurt	Naan bread and selection of Indian dips  Chicken and sweet potato curry with rice
<u>Lunch Week 3</u> 16.09.24 07.10.24 04.11.24 25.11.24 16.12.24	Garlic bread  Tomato and sausage pasta	Spanish chicken with couscous  Yogurt with melon wedge	Mash topped fish pie with carrots and peas  Jam tart – Made by the children	Chicken Dinner with vegetables  Cake and custard	Prawn Crackers  Sweet and sour stir fry with noodles

Meals will be served in serving dishes at lunch times and children will be supported in serving their own portions.

Please note that there may be changes to the menu during the term to meet children's taste. Occasionally items may be swapped for example vegetables of the day, waffle may be swapped for potato croquets etc. Vegetables are included in every meal. There will always be a vegetarian choice available.

Children's food experiences will not start in September due to new children settling in.

**ALLERGY INFORMATION:** If your child has an allergy or intolerance, please ask a member of staff or the cook Helen to discuss this or your child's dietary needs. You will be asked to complete an allergy form to ensure we have all the necessary information to cater for your child.