

## Wellingtons Daily Routine

8.00 – 9.15	<p><b>Arrival</b> Self-registration, making choices, social interaction, developing self-confidence Free choice inside play Breakfast (8.15-8.45am)</p> <p><b>Arrival for AM pupils</b> Self-registration, making choices, social interaction, developing self-confidence</p> <p><b>Structured free play activities</b> Free choice play in a variety of areas, inside and out. To include sand &amp; water, writing &amp; number games, physical challenges. Provision changed on a regular basis to ensure exciting and challenging activities linked to medium term plans.</p> <p><b>Group planned activities</b> Adult led activities linked to short term plans.</p> <p><b>Physical activity indoors or outside</b>  A variety of physical play including but not limited to dance and movement, bikes and scooters, parachute games, ball games, involving listening to instructions, sharing, gross motor skills.</p>
10.00 – 10.45	<p><b>Rainbows</b></p> <p><b>Circle time</b> To include: A variety of songs and rhymes or stories . Phonics Time- Phase 1 sound recognition activities. numbers and actions.</p> <p><b>Snack time:</b> Snack table open – Children choose their own snack. Table manners, communication skills, likes and dislikes, trying new things, taking turns and sharing</p>
10.00 – 10.45	<p><b>Raindrops</b></p> <p><b>Snack time:</b> Snack table open – Children choose their own snack. Table manners, communication skills, likes and dislikes, trying new things, taking turns and sharing</p> <p>Free flow activity</p> <p><b>Circle time</b> To include: A variety of songs and rhymes or stories . Phonics Time- Phase 1 sound recognition activities. numbers and actions.</p>
10.45 – 12.00	<p><b>Structured free play activities</b> Free choice play in a variety of areas, inside and out, including sand &amp; water, writing &amp; number games, physical challenges. Provision changed on a regular basis to ensure exciting and challenging activities linked to medium term plans.</p> <p><b>Group planned activities</b></p>

	<p>Adult led activities inked to short term plans.</p> <p><b>Physical activity indoors or outside</b></p> <p>A variety of physical play including but not limited to dance and movement, bikes and scooters, parachute games, ball games, involving listening to instructions, sharing, gross motor skills.</p> <p><b>Rainbows</b> Summer Term- Phonics WRI</p>
11.45 – 12.00	<p><b>10-15 minutes whole group circle time</b> Time for stories/ rhymes/ songs. Look at colours, number, Yoga etc..</p>
12.00-1.00	<p><b>Lunch</b></p> <p>Personal, Social &amp; Emotional skills. Using cutlet, table manners, independence skills, communication skills, likes and dislikes, trying new things.</p> <p><b>Toilet and hand washing time</b> Welcome PM children say goodbye to some AM children. Free play whilst tidying up after lunch</p>
1.00-2.00	<p><b>Structured free play activities</b> Free choice play in a variety of areas, inside and out. To include sand &amp; water, writing &amp; number games, physical challenges. Provision changed on a regular basis to ensure exciting and challenging activities linked to medium term plans.</p> <p><b>Group planned activities</b> Adult led activities inked to short term plans.</p> <p><b>Physical activity indoors or outside</b></p> <p>A variety of physical play including but not limited to dance and movement, bikes and scooters, parachute games, ball games, involving listening to instructions, sharing, gross motor skills.</p>
2.00-2.30	<p><b>Circle time/Snack time alternatively- Raindrops &amp; Rainbows</b></p> <p>To include:</p> <p>A variety of songs and rhymes or stories . Phonics Time- Phase 1 sound recognition activities or Phonics Times. RWI sound recognition numbers and actions.</p> <p><b>Snack time</b> : Snack table open – Children choose their own snack. Table manners, communication skills, likes and dislikes, trying new things, taking turns and sharing</p>
2.30-3.00	<p><b>Structured free play activities</b> Free choice play in a variety of areas, inside and out. To include sand &amp; water, writing &amp; number games, physical challenges. Provision changed on a regular basis to ensure exciting and challenging activities linked to medium term plans.</p> <p><b>Group planned activities</b> Adult led activities inked to short term plans.</p>

	<p><b>Physical activity indoors or outside</b></p> <p>A variety of physical play including but not limited to dance and movement, bikes and scooters, parachute games, ball games, involving listening to instructions, sharing, gross motor skills.</p>
3.00-4.00	<p><b>Structured free play activities</b> Free choice play in a variety of areas, inside and out. To include sand &amp; water, writing &amp; number games, physical challenges. Provision changed on a regular basis to ensure exciting and challenging activities linked to medium term plans.</p> <p><b>Group planned activities</b> Adult led activities linked to short term plans.</p> <p><b>Physical activity indoors or outside</b></p> <p>A variety of physical play including but not limited to dance and movement, bikes and scooters, parachute games, ball games, involving listening to instructions, sharing, gross motor skills.</p>
4.00 – 4.30	<p><b>Teatime</b> : Table manners, communication skills, likes and dislikes, trying new things, taking turns and sharing</p>
4.30-5.00	<p><b>Structured free play activities</b> Free choice play in a variety of areas, inside and out. To include sand &amp; water, writing &amp; number games, physical challenges. Provision changed on a regular basis to ensure exciting and challenging activities linked to medium term plans.</p> <p><b>Group planned activities</b> Adult led activities linked to short term plans.</p> <p><b>Physical activity indoors or outside</b></p> <p>A variety of physical play including but not limited to dance and movement, bikes and scooters, parachute games, ball games, involving listening to instructions, sharing, gross motor skills.</p>
5.30 – 6.00	<p><b>Tabletop games</b> A variety of table top games to support literacy and numeracy and personal, social and emotional skills. Including but not limited to dice games, jigsaw puzzles, matching games and card games.</p> <p><b>Quiet activity, adult led</b></p> <p>May include letters and sounds, number songs and rhymes, circle games, story time or free choice reading or jigsaws.</p> <p>Preparation for end of day goodbyes.</p>